

## USE OF THE EASYSAMPLER®

## How to Collect Samples

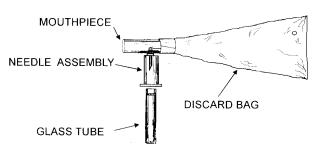
THE TEST RESULTS CAN ONLY BE USEFUL IF THE SAMPLES ARE PROPERLY COLLECTED!

Please read the directions completely BEFORE collecting a sample! If you do not completely understand all aspects of sample collection, please call your doctor for further instructions.



DO NOT STICK YOUR FINGER IN THE TUBE HOLDER BECAUSE IT CONTAINS A SHARP NEEDLE





## **GETTING READY**

The EasySampler device\* is pre-assembled and protected in a sealed plastic bag. Carefully remove the collection device from the bag.

1. Number the glass tube labels. Write your name, your doctor's name and the date on each of the labels.

On label #1, write the time you are starting the test and place the label on one of the glass tubes.

## TAKING A SAMPLE



2. Hold the EasySampler in one hand and the glass tube #1 in the other hand.

Do not loosen or remove the tops of the vacuum-sealed glass tubes; this will destroy the vacuum and make the tubes useless for this test



3. Place test tube #1 halfway into the needle assembly, cap first. DO NOT PUSH THE TEST TUBE ONTO THE NEEDLE IN THE HOLDER YET! Take a normal breath, close your mouth around the mouthpiece and exhale normally.



4. As you exhale, the blue bag will be filled with air which will vent through the small opening at the end of the bag. Continue to exhale into the mouthpiece to keep the bag inflated and press the glass tube to the end of the tube holder so that the stopper is punctured by the needle in the needle holder.



- 5. After 1-2 seconds, pull the glass tube out of the tube assembly and set it aside. Keep the bag inflated until after the test tube is removed from the needle assembly.
- 6. Repeat steps 1-5 with the remaining glass tubes as many times and at the time intervals as prescribed by your physician.



\*US Patent No. 5467776

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page 1 of 1